

*Survival  
Guide 2023*



*Athene*

# Table of contents

Welcome to Athene	2
<b>TO DO (important!!)</b>	3
Finnish student culture	4
What is a “teekkari”?	5
Greetings from the tutor responsible	6
Greetings from international advisors	7
Greetings from your tutors	8
Greetings from the chair	16
Greetings from the Phuksi captain	17
Greetings from the Harassment Contact persons	18
Board of Athene	19
Athene’s events	20
Greetings from the Community Manager	23
Greetings from the International Director	25
The International Committee	27
International Associations at Aalto	28
Guilds of Otaniemi	29
Map of Otaniemi Campus	32
Teekkari - English - Teekkari dictionary	33
Greetings from the ICT Innovation	35
1 Aalto University Student Union & Membership Benefits	37
To your calendar	50



# Welcome to Athene

Hey there!

I'm Inka, the Captain of International & Master's Students of our guild Athene.

First of all, HUUUGE congratulations on making the best decision of your life and coming to Aalto. My job as the International & Master's Captain is to make sure you all have a successful and unforgettable year in Finland, both academically and culturally!

Now you may be wondering, what is this Athene I keep talking about. Athene is your home guild – the association uniting Information Networks and ICT Innovation students at Aalto University. Athene organizes all sorts of activities and events to its members from parties to sports events as well as maintains relations to the corporate world and school staff. Joining Athene is your chance to make the most out of your time in Finland. As a member of the guild, you will be very welcome to join in all our events. This may still arise questions but don't worry, you'll figure it out :)



We hope everyone finds something interesting to do here! A big part of our guild is also the guild room, which we call Olohuone or Olkkari (Living Room in Finnish). Olkkari is situated in the computer science building at campus so it is an easy place to hang out during the school day. I hope to see all of your faces there next semester!

In addition to being in the board of the guild, I am also part of the International Committee, KvTMK (Kansainvälisyystoimikunta) at the university. Our job in the committee is to ensure that all the international students are looked after well. We also organise fun events for all the international students of Aalto University.

See you in the Autumn!

Inka Viita

telegram: viinakita

Captain of International & Master's Students  
captaininternational@athene.fi

# TO DO

- Read the guide
- Join the Telegram group: Freshers of Athene 23 (<https://t.me/+3EZRRXgkRLc2ODlk>)
- Become a member of Athene ([www.athene.fi/join](http://www.athene.fi/join)) and pay the membership fee (8€)
- Read the newsletters and other information material sent by your study coordinator at Aalto University, and follow the instructions for pre-arrival arrangements
- Follow Athene on Instagram @athenekilta
- Make sure the Captain of International & Master's Students knows when you arrive in Finland.
- Order a student card or download Frank app
- Pack warm (Finland gets cold surprisingly fast).
- Make sure you can either pick up your keys for your apartment, or that your tutor will get them for you.
- Come to Finland with an open mind.
- Enjoy and get the most out of your stay here!

# Finnish student culture



Finland has a very active, unconventional and fun student culture with countless traditions formed over several decades. There are multiple centres of student life which naturally take place in the large university cities, such as Helsinki, Turku, Vaasa, Tampere, Oulu, Rovaniemi and Joensuu. However, you are in great luck since arguably the best and liveliest of them all is the Aalto University campus, Otaniemi.

The student culture and traditions are largely maintained by student associations, which there are many types of. All fields of study usually have their own subject clubs, which in the field of technology are

called guilds. Especially guilds are often very active, and organize all types of events, such as parties, sitsit (peculiar and traditional dinner party), sports events, wellness events and events related to studies. However, in addition to subject clubs there is also a wide variety of different student organizations and clubs which unite people with common interests like sports, gaming, cocktail-making or virtually anything you can think of!

In Finland, there are many things of which you can spot a university student even from afar. When attending events or partying, Finnish students wear large long-sleeve overalls in all colors of the rainbow. By the color of the overall, you can also often tell what the student's major is, since all subject clubs have their own overalls in specific colors. The overalls are often decorated with strange dangling objects and sewn-on badges, which students get for example by attending different types of events. Sometimes students also pair their overalls with a white sailorman-like cap, which they have gotten when graduating from high school.

Student culture is also quite diverse and colorful, varying a lot between different fields and cities. For example students in law, business, social sciences and technology all have their own traditions. As technology students, we take pride in our strong and traditional Teekkari culture, which you will surely get to enjoy during your time in Finland!

# What is a “teekkari”?

Teekkari officially means a technology student, but in reality it is much more than just that. You can recognize a teekkari from their student overalls (with the color signifying the study program), teekkari cap (a cap with a tassel) and their cheery and positive attitude.

The teekkari culture of Otaniemi dates all the way back to 1872, when the school was still situated in Helsinki (thus, the old name of the school was Helsinki University of Technology), and is a point of pride for all teekkaris alike. Teekkaris also built the first apartments in Otaniemi before the school came here, so we all consider Otaniemi our home.

Being a part of the teekkari culture in Finland holds a lot of emotion and pride formed over time, which is why we take such good care of our freshmen, to ensure they get the chance to become fully a part of the teekkari culture.

An important part of being a teekkari is the cap. It is protected, so that only the technology students who have completed their “degree” in teekkari culture are allowed to wear them.

This is done by following a point card (which you will get from the Captain of International & Master’s Students), and completing a certain amount of points before the first of May. This will include, for example, visiting companies, attending sistsit-parties, going to the teekkari museum and singing (teekkaris love singing, we have a saying that goes: “a teekkari sings rather than well”).

Don’t worry, it is all doable, if, and hopefully when, you decide you want to do it. However, it is important to notice that none of this is mandatory. Teekkari culture is all about having fun and doing things that you want to do.



# Greetings from the tutor responsible

Hi!

My name is Ilari and I'm the Tutor Responsible of Athene in 2023. To help you adjust to all the changes, Inka and I have recruited 30 amazing tutors who are eager to be the first to welcome you to the Aalto student community and our guild Athene. We also call these tutors by the name of ISO (which means "big" in Finnish), so don't be confused if the same people are referred to as ISOs, BIGs and tutors.

All through the year, your tutors are here to make you feel at home and be your friends. They will answer all your questions and guide you in regular things such as getting around Helsinki, but they will also be introducing you to Finnish student culture! I can guarantee you that you have absolutely amazing tutors waiting for you, who are here to make sure that your first year at Athene is unforgettable. Finnish student culture is really exceptional, so i warmly recommend to make the most out of it by joining Athene's events!

The tutors are here to help you, so never be afraid to ask! Can't wait to meet you!

Ilari Ristikankare, Tutor Responsible



# Greetings from the international advisors



Hello!

We are Davide and Ioana, International Advisors of Athene in 2023. We are respectively from Italy and Romania, and we both did our second year of EIT Digital Master School here at Aalto University. We have really enjoyed our time here so far, so that is why we decided to take this role and make your Finnish experience as amazing as our has been.

We are here to help along the way, from a smooth start until the graduation! You can contact us for every matter, related to school and practical stuff about Finland. We will be your meeting point for every activity that Athene will organize, especially international-focused ones. We want and hope you to feel at home in the guild, as well as in Finland. We have a lot of tips and tricks on how to enjoy your time as an International student, which will make your life in Finland easier. We can't wait to meet you all, and don't hesitate to contact us at any time, for any question!

Davide & Ioana  
International Advisors



# Greetings from your tutors

Here are your tutors! They will make sure your stay in Finland is as enjoyable as possible and help you out with any problems you might have.



Pyry Seppälä  
“Una mela al giorno toglie il medico di turno”



Gábor Major  
“They rated my favourite drink to one”



Riccardo Felluga  
“Missä jatkot?”



Lucy Truong  
“You won’t be a fuksi forever, so  
enjoy it while you can!”



Niels van Slooten  
“Anyone up for a morning walk?”



Carlo Zanotto  
“Believe in yourself, go  
outside, touch grass.”



Sofia Sievinen  
“I like dogs”



Onni Kivistö  
“fuck it we ball”



Emma Tossavainen  
“Life is life”



Ida Koponen  
“Coincidence? I think not”



Tilda Toivonen  
“No stress :DD”



Venla Soininen  
“It’s just a bad day, not a bad life.”



Gaia Businaro  
“Your daily provider of “that’s  
what she said” jokes.



Bastien Jeannelle  
“Personal questions may only be  
asked after 1:42 am.



Janne Silfverhuth  
”Do not think that what is hard for you to master  
is humanly impossible; and if it is humanly pos-  
sible, consider it to be within your reach. Also,  
go stream Vatos de Gato”  
- Marcus Aurelius



Viola Luodemäki  
“Oops, forgot”



Hanne Myllylä  
“piipii poopoo B)”



Venny Holmberg  
“Teamwork makes the dreamwork”



Joose Eronen  
“Too difficult to focus after humanity  
lost us”



Tiia Schleifer  
Life is a journey to be experienced, not a prob-  
lem to be solved. – Pooh, Winnie The Pooh



Elina Ståhlberg  
“If it had ham in it, it’s closer to a  
british carbonara”

Stefano Facchini  
“If my grandmother had wheels, she  
would have been a bike”



Alli Kolho  
“A person who thinks all the  
time has nothing to think about  
except thoughts”

Leo Salmio  
“I deserve everything bad that to nt  
deserve me at my best”





Kristo Numminen  
“oh vesuvio, lavalì col  
fuoco”



Ella Peltoniemi  
“Come chat!”

Sebastian Führ  
“Yes, that is my Google Calendar. Yes,  
I’m organized. No, I don’t get everything  
done.”



Vilppu Viinikainen  
“You can leave Otaniemi, but Ota-  
niemi won’t leave you”





Vili Haapaniemi  
“If at first you don’t succeed,  
reduce your expectations until  
you do

József-Hunor Jánosi  
“Sushi makes it worth it”



Davide Parpinello  
“Camping in Lapland in the dead of winter?  
No problem if you can handle seeing  
Finns put ketchup on pasta Bolognese!”

Ioana Frincu  
“Connecting people is a full time  
job”



International Advisor

International Advisor



# Greetings from the chair

Hey you, brand new Athenian!

I'm Inkeri, the current chair of the board of Athene. Athene is the guild of Information Networks students, and we have the privilege to welcome all the EIT digital students to the local student community here in Aalto University. In addition to EIT and Information Networks students, we also have students from the Engineering Psychology major.

A guild is a student organization built around students in the same study program. Together with all the other guilds and organizations in Aalto, we organize all kinds of events and activities during the year. Guilds are tightly knit communities and through them everyone can find their own place in student life, make new friends and gain new experiences. In total we have over 500 members – Athene is not the biggest, but still one of the most active guilds in Otaniemi!

In practice, our board and volunteers organize parties, sports and culture events as well as company excursions, take care of our guild room Olkkari (slang word for 'living room', Olohuone) and much more. We are in close contact with the Aalto School of Science and the departments of Computer Science as well as Industrial Engineering and Management to make sure that students' points of view are considered in academic decision making.

There is a huge variety of possibilities and I encourage you to try out everything student life in Aalto and Athene has to offer. Parties and events are only a small part of what makes Athene such a great community. Athene is a guild with lovely people and a warm culture of helping each other out.

We are really excited to welcome you along – see you in September!

Inkeri Nora  
Chair of the Board, Athene  
puheenjohtaja@athene.fi



# Greetings from the Phuksi Captain

Hello!

I'm Maria, Phuksicaptain (freshman captain) of Athene. My task is to make sure the bachelor freshmen (= phuksis/fuksis) of Athene have an easy transition into the life of a university student. I'm responsible for arranging events and activities for the phuksis as well as helping out with practical things and any issues our phuksis might face. In addition, I guide the phuksis through their first year to finally becoming a "teekkari".

In practice, I organize events especially for phuksis inside our own guild, and as a member of FTMK (Fuksitoimikunta = Fuksi Committee), for all the phuksis of Otaniemi as well. International students are also more than welcome to most of these events! Inka will keep you updated on all the fun events you should definitely attend, but don't hesitate to ask me about them (or about anything else that pops into your mind) either!

The people of Athene are a bunch of warm, friendly people. They will happily help you with any problems you may have, and with whom you'll find yourself engaging daily in exciting and inspiring conversations. I truly hope you'll enjoy it here, and feel like home.

Can't wait to get to know you!

Maria Lappalainen  
Phuksi Captain



# Greetings from the harassment contact persons

Hello phuksis and welcome to Athene!

We are Hanne, Joose, Basti, Ella and Jessica, Athene's harassment contact persons. Together with the guild board and the equality officers, we are working to make guild activities safer and more approachable for all guild members. The goal is to make sure that every guild member feels welcome to join the activities just as they are. The role is still taking shape, and we welcome suggestions for improvement. We are learning on the go!

You can contact us if you encounter bullying or discrimination, for example, harassment or other unpleasant treatment. The guild has a zero tolerance policy for inappropriate treatment, so you can contact us with a very low threshold. Discussions are always confidential and are conducted on your own terms.

In addition to the normal harassment contact persons, we also have event-specific harassment contact persons, who you can easily contact during the event. In addition to these, you can also contact the main organizers of the event, such as the host and hostess, the head of corporate relations or the international captain.

If you feel uncomfortable about something, it's worth talking about it so that something can be done about it. Our guild is full of open-minded and enthusiastic people and people who want to make things meaningful for everyone in the guild.

At Athene, we treat each other with respect and open-mindedness. Together, we build a supportive atmosphere and address grievances with courage. There's no need to stress, guild activities are supposed to be fun!

(see (<https://athene.fi/periaatteet>)athene.fi/principles (<https://athene.fi/periaatteet>))

Lastly, congratulations on your admission to Aalto - see you at the head start or at orientation week at the latest!

Athene's Harassment Contact Persons,  
Hanne, Joose, Basti, Ella and Jessica



# The board of Athene

Elias Pitkänen  
Vice Chair &  
Secretary

Allan Hemming  
Hostess

Markus Laine  
Community Manager

Nuoret  
Ungdo  
Young

Maria Toivainen  
Host

Tuomas Toropainen  
Head of Corporate  
Relations

Eetu Heiskanen  
Treasurer

Maria Lappalainen  
Phuksi Captain

Inkeri Nora  
Chair

Inka Viita  
Master & International  
Captain

Kerttu Peura  
Head of Academic  
Affairs

Anni Kekäläinen  
Head of Communications

The board of Athene is the “administrative” body of the guild. These people are the ones that are responsible for most of the stuff that happens in the guild. Each member of the board has their own area of expertise, but everyone is always ready to help one another.

The board has meetings weekly, and those meetings are open for all guild members. In the meetings they go through all that has happened between meetings, and what will be happening before the next meeting, making sure that the guild members are being looked after.

The board is selected via elections in the fall assembly of Athene, where guild members can volunteer for different positions. All of the volunteers hold their posts for the calendar year, and after that the new board takes the reign.

Chair of the Board is the big boss, organizing and managing the guild, and steering the board in the right direction.

Treasurer is the one in charge of cash management, budgeting, accounting and financial statements.

Vice President assists the chair and takes their role in case of an absence. Our vice president also works as the Secretary. Secretary is in charge of writing the transcripts of meetings and organizing a lot of practical things, and on top of that helps out other board members in their fields.

Host & Hostess are the dynamic duo in charge of all the parties and other events (like sauna nights) in the guild. They prepare and organize all events with the help of the Host team, making sure all guild mem

bers have fun throughout the year.

The Academic Affairs responsible makes sure that the school keeps organizing all the education needed, looks after the rights of the students and ensures our study program is as we like it to be.

The Corporate Relations responsible communicates with different companies, signing sponsor deals and ensures the guild has enough money to organize all kinds of cool activities for the members.

Head of Communications looks after our website and social media accounts, she is also responsible for all communications towards the guild members.

Phuksi Captain looks after phuksis (freshmen) and ensures they have a memorable first year, and that they get their teekkari caps.

The Community & External Affairs responsible organizes events and co-operation with other guilds and student organizations.

Captain of International & Master’s Students is in charge of the Teekkari Education of international students and master’s freshmen at Athene, making sure you all have a memorable year in Finland, and that you have everything you need.

# Athene's Events

Greetings and welcome to our beloved guild!

We, Athene's host and hostess, Maria and Allan, or IE for short (from the Finnish words "isäntä" and "emäntä" meaning host and hostess) are responsible for organizing parties for you and all other guild members throughout the year. The guild offers various types of events for you to take part in. There are parties, hangouts and even sports. So something for everyone! While we are not always the driving force behind every event, we often at least help with the refreshments.

One particular event that is quite popular with students in Finland, is something called "sitsit". Although you will soon become familiar with the term, allow us to provide a brief introduction. Sitsit refers to an "academic table party" infused with singing and some fun etiquette. Essentially, it entails a traditional three-course dinner, usually preceded by a cocktail event and followed by an after party. We create them entree to dessert by ourselves with the help of our nine apprentices. The singing and the stories accompanying the songs are the defining characteristic of sitsit.

However, no need to be stressed about the singing, as it is meant to be fun group singing, no skills required!



Predominantly presented in Finnish and heavy on word plays, the sitsit are a crash course to the language, but not unilingual and there are songs and stories often sung and told in English, Swedish, German and more. Not to mention special international sitsit with a selection of songs to match. Sitsit also have wildly varying themes and the dress code differs from cocktail dress to animal suits. We believe sitsit are the most pleasing way to sit around a table and truly recommend giving it a try at least once!

Participating in the events is a great way to make new friends, let go of stress and quite simply enjoy your time, so don't be shy to attend. Everyone is welcome to our events just as they are, and our main priority is to ensure that everyone feels comfortable and enjoys themselves! Alongside your captain, we will strive to keep you informed about all upcoming events, but if you have any questions, you can always contact us.

We look forward to welcoming you to our guild and hope to see you soon!  
Maria Toivainen & Allan Hemming, Host & Hostess



# Greetings from Community Manager

Hi!

I'm Markus, the Community Manager of Athene. I welcome you to our guild Athene and Otaniemi and hope that during your stay here you will learn to love them as much as I do!

The Finnish student culture is incredibly active and rich, and offers something to everyone. The Otaniemi campus, where you will be studying, is the most active hub of student life in Finland. There are all kinds of events and activities all around the year from parties to sports and from networking to hackathons. There are three base-level event organizers: guilds, associations and the student union AYY that brings together all the students at Aalto.

Guilds are student associations that are dedicated to the students of specific subjects - practically all different subjects have their corresponding guilds and student overalls. Our guild Athene is home to students of Information Networks, Technical Psychology and EIT Digital. Within our guild, a dedicated group of volunteers, the board and the guild officials, manage its operations. Athene is run by committed group of over a hundred guild officials who are dedicated to providing guild members with a wide array of events, activities, advocacy and many other things. They take care of various aspects, such as managing our guild room, cultivating corporate relationships, and overseeing our digital services. I really encourage you to also participate in the guild official roles - international students are very welcome to do so and we already have many internationals working in an official role.





In addition to guilds, Otaniemi is home to tons of clubs and associations for people with different interests. These organizations are run by students, for students. Whether you are passionate about basketball, wine tasting or entrepreneurship, you will most likely find an association in Otaniemi according to your interests. I strongly encourage you to explore these opportunities during your stay. Furthermore, there are many multidisciplinary events that are open to everyone, with most of them being organized by AYY volunteers.

In a nutshell, Otaniemi is the place to be for a student! You're gonna have a blast, so make sure you dive right into all the amazing things happening here. Oh, and let's not forget to show some love and appreciation for our fantastic community and the volunteers who make our student life absolutely epic. <3

See you in a bit!

Markus



# Greetings from International Director

Greetings, dear fuksi!

Congratulations on your admission to Aalto University! You made a marvellous decision applying here. I wish to warmly welcome you to our university and the unique community of technology students, Teekkaris!

My name is Veera Fristadius, and I am the International Director of the Aalto University Student Union, or AYY. My responsibility is to lead the International Committee, called KvTMK, which consists of all International Captains, Officers, and Master's Captains from associations, which admit new engineering and architecture students. Our goal, together with the mentioned International Captains of the Teekkari guilds and your tutors, also known as ISOs or BIGs, is to make your first year or semester here in Aalto unforgettable.

The Teekkari culture is a truly unique student culture and something that you can experience only in Finland. The community, the International Committee and your own International Captains will provide you with events, in which you can explore the Teekkari culture, get to know Otaniemi and the rest of Finland, and meet your fellow students. The activities are a great chance to uplift your stay in Aalto and to turn your time here into one of the best periods of your life.

The Teekkari culture has a long history and Teekkaris have been present throughout Finland for over 150 years, starting in Helsinki. There have been Teekkaris in Otaniemi since 1966, when the Helsinki campus moved there. The most prized distinction of a Teekkari is their tasseled cap (Teekkarilakki), which goes back to 1893. Outside of the community, Teekkaris are known, amongst other things, for pranks (jäynä), tempaus and singing culture. The tassel-capped community aims to evoke cheer and joy in the whole public, not just students. The Teekkari culture promotes a sense of community and tolerance - Teekkaris accept everyone exactly as they are and leave none behind.

Fuksi education and upbringing have a long tradition in Otaniemi. Me and your International Captains will be welcoming you to the Aalto community and guiding you through your first year or semester in Aalto. As a fuksi, you get to collect fuksi points from various events and activities, which will earn you your very own Teekkari cap. The fuksi points will introduce you to the Teekkari culture, the Aalto community, Finland, other students of Aalto, and work as a great way to make life-long memories! The fuksi year will culminate in the largest and most revered event for us Teekkaris: Wappu, provided that the Fuksi Major decides to organize one for you. If you are an exchange student leaving after the Autumn term, I strongly suggest visiting Otaniemi again for the potential Wappu.

In addition to technology and architecture students, there are also art and business students studying in Otaniemi. The united and multidisciplinary university, as well as the Aalto community will provide you with a rich and abundant selection of student activities to complement your studies. Everyone is sure to find some activity that interests them with a like-minded group!

My most important advice for you is to participate with an open mind and heart. Get to know your International Captains, tutors, and fellow students. Beside studying, experiencing new things together and building friendships are some of the best opportunities our university can provide you with during your time here as a student. Your guild or association, the International Committee, and countless other people and organizations create the framework for the activities, but you get to decide how you want to shape your time as a student. A once-in-a-lifetime experience awaits you and I recommend that you make the most of it! I am grateful for the privilege of accompanying you and your fellow students on your wondrous journey to becoming Teekkaris.

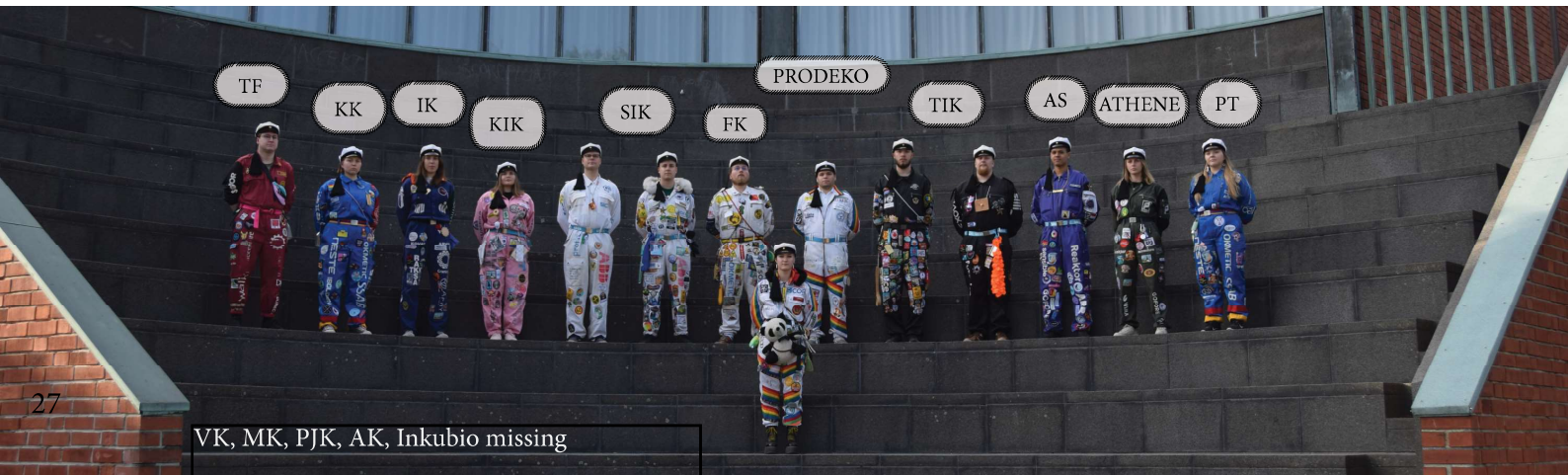
Yours truly,  
Veera Fristadius  
International Director '23



# KvTMK – International Committee

The International Committee, also known as KvTMK (short for the Finnish kansainvälisyystoimikunta), brings together the people in charge of international students and matters in the Teekkari guilds. KvTMK is led by the International Director, and its purpose is to promote internationality and the role of foreign students at Aalto University and the Teekkari associations. The committee participates in tutoring and orientation for the international fuksis (new master's and exchange students), takes care of other fuksi matters, and organises events. KvTMK's events are meant to serve the international students, so they're always held in English and open to all Aalto students.

KvTMK is one of the underlying committees of the Teekkari section, also known as TJ (short for the Finnish Teekkarijaosto). TJ itself is part of the Aalto Student Union volunteer sector. TJ is responsible for upholding the Teekkari spirit through numerous traditions. Therefore, the different committees of TJ organise a wide range of Teekkari-minded events for the whole Aalto community. TJ's opinions also have a great impact on the future of Teekkari traditions, due to Aalto being home to the oldest and original technical university students in Finland.



# International Associations

## BEST Helsinki

BEST Helsinki is the local section of BEST (Board of European Students of technology) and a part of AYY. They organize different events in Otaniemi, as well as events where people from around Europe come to participate. They have Finnish and non-Finnish members and are one of Aalto's international organizations. Everyone in Aalto is welcomed to join.

See more information:  
Facebook.com/BESTHelsinki  
Telegram: t.me/BESTHelsinki



## ESN Aalto

ESN Aalto is the local section of ESN Finland and ESN International. They arrange events mainly for exchange and international students at Aalto University, but everyone from Aalto is welcome whether they are studying through Erasmus or not.

For more information:  
facebook.com/Esnaaltoofficial-  
snaalto.org  
Telegram group: t-me/ESNAalto



## Mosaic

Mosaic is the international section of the student union of Aalto University (AYY). They organize different multicultural events that offer great new experiences from all around the world, help everybody to improve their language skills as well as help people getting to know other cultures.



# Guilds of Otaniemi...

## ELEC (SCHOOL OF ELECTRICAL ENGINEERING)

### **AS - Guild of Automation and Systems**

#### **Technology**

Family in the sense that they came from TiK like us as well. They wear purple overalls with black sleeves like ours. Their guild room is located in the TUAS-building.

### **Inkubio - Guild of Bioinformation**

#### **Technology**

The youngest guild in Otaniemi (that is, the only one that is younger than us), who wear brown overalls with white spots as a reminder of their days with the Guild of Electrical Engineering. Their guild room is located in the TUAS-building.

### **Sähköinsinöörikilta (SIK) - Guild of Electrical Engineering**

One of the bigger guilds in Otaniemi, they wear clean-white overalls, and are the forefathers of many guilds in Otaniemi, like the Computer Science guild. Their guild room is located in the TUAS building.

## ENG (SCHOOL OF ENGINEERING)

### **Rakennusinsinöörikilta (IK) - The Guild of Civil Engineers**

One of the bigger and older guilds in Otaniemi, they wear “builder’s blue” overalls. Their guild room is located in the Civil Engineering building.

### **Maanmittarikelta (MK) - The Guild of Surveying Engineering**

The oldest guild that still receives new freshmen every year, they wear matte black overalls with a sleeve colored according to their studies. Their guild room is located in Otakaari 4.

### **Koneinsinöörikilta (KIK) - The Guild of Mechanical Engineers**

One of the older and possibly the biggest guild in Otaniemi. These guys can be spotted from afar, as they wear pink overalls. They have their guild room in the complex of mechanical engineering buildings.

## SCI (SCHOOL OF SCIENCE)

### **Athene - Information Networks guild**

Us, the second youngest and one of the smallest guilds in Otaniemi. Our overalls are forest green, with a black sleeve as remembrance of when we were part of TiK, and our guild room OLOhuone is located in the CS-building.

### **Tietokilta (TiK) - Computer Science guild**

The forefather of Athene, they wear shiny black overalls that are said to repel dirt and water. Our own green overalls have a black sleeve as a memory from the days we were part of Computer Science guild. Their guild room is located in the CS-building like ours.

### **Prodeko - Guild of Industrial Engineering and Management**

Our beloved friends, who wear white overalls with rainbow details, which differ every year. Located in the TUAS-building.

### **Fyysikkokilta - Guild of Physics**

The true scientists of SCI, who wear natural-white overalls. Their guild room is located in the old main building, and they’re rarely seen over at the CS-building.

# ... and other student associations

## CHEM (SCHOOL OF CHEMICAL ENGINEERING)

### **Prosessiteekkarit (PT)**

An association founded when all the Bachelor studies in CHEM were merged into one program, they are not a guild, but are treated equally. Their overalls are the same as the Guild of Mining and Metallurgy students (below) with red and yellow stripes, as reminders of the three guilds their students go to when they enter their Master's studies. Their guild room is located in the Chemical Engineering complex.

### **Vuorimieskilta (VK) - The Guild of Mining and Metallurgy Students**

One of the older guilds in Otaniemi, and like all guilds in CHEM no longer gets new Bachelor students. You can recognize them from their "beer basket blue" overalls. Their guild room is also located in the Chemical Engineering complex.

### **Kemistikilta - Chemistry Guild**

The oldest guild in Otaniemi. Their overalls are red, and like all the CHEM guilds they no longer get new Bachelor students. Their guild room is located in the Chemical Engineering complex.

### **Puunjalostajakilta (PJK) - Guild of Wood Processing**

One of the older guilds in Otaniemi, they used to be quite big, but like all the other guilds in CHEM they no longer get Bachelor students. Their overalls are yellow, and can be spotted from afar. Their guild room is located in the complex of Wood Processing buildings.

## OTHERS

### **Arkkitehtikilta (AK) - The Guild of Architects**

Although they are no longer associated with the schools of technology, they wear teekkari caps as the rest of us. Their overalls are painter's-white. Their guild room is in one of the Architecture buildings. Also, they are now a part of ARTS (School of Arts)

### **Teknologiföreningen (TF)**

TF is the only students' union in Otaniemi, and they are the Swedish speakers of Otaniemi (from all programs). They have dark (wine-like) red overalls, and they have their own building with a student restaurant, where lots of students go eat their famous spaghetti every Wednesday.

### **Kauppatieteiden ylioppilaat (KY) - Association of Economics Students**

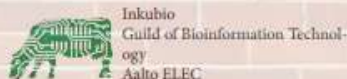
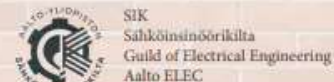
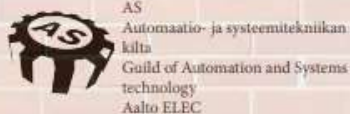
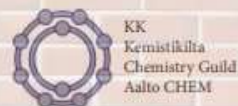
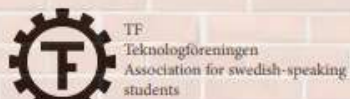
The economic students joined us in Otaniemi for the first time in fall 2015, they are not technology students, and thus don't have teekkari caps. They wear overalls that are dollar-green and have their own club rooms etc. next to the CS building and in the center of Helsinki.

### **TOKYO – Association for the students of Arts and Design.**

The school of ARTS arrived in Otaniemi in the fall of 2018. They mainly study in Väre, the newest building in Otaniemi. ARTS students don't wear overalls, instead, they have jackets called "Wapputakki", that have a different design each year and where their overall patches are sown. TOKYO is the association for the whole school of ARTS, and under it there are several smaller associations for different study programs.

# Teekkari Guilds and Associations of Otaniemi

# Overalls





# Otaniemi Campus Map



1. Kandikeskus - Undergraduate Center (Main Building)

2. T-talo - CS Building

3. TUAS-talo - TUAS Building

4. Maarintalo - Maari Building

5. Harald Herlin Centre - Main Library

6. Keto - AYY Central Office

7. Dipoli

8. TF - Täffä

9. YTHS - FSHS

10. Sports field

11. Otahalli Sports Centre

12. Smökki



Guild room OLOhuone

# Teekkari - English - Teekkari dictionary

## **Amfi - Amphi**

The amphitheater-like construct of the old main building. Very popular as a place from which all kinds of adventures begin. There you will also receive your teekkari caps if Wappu arrives and you have earned the right to wear them.

## **Appro - Bar crawl**

An event where students go from bar to bar getting at least one drink per bar on a pre-determined route (by the organizers). One of the favorite event-types for the students at the University of Helsinki.

## **AYY**

Abbreviation for “Aalto-yliopiston Ylioppilaskunta”, the student union for all Aalto students and umbrella organization for guilds. (see p. 27)

## **Ethana**

The hobby sports team of Athene, led by “Hercules & Xena”. Organizes matches against other student teams in for example floorball, basketball, volleyball and futsal as well as other sports events within Athene.

## **Excu - Excursion**

A visit to a company, usually organized by the guild. Organized in order to get to know the local companies that hire students from the guild, to network and of course have fun (companies like to host teekkaris).

## **Haalarimerkki - Overall badge**

Badges of different events, groups, associations and memes that students sew to their overalls. Can be used for showing groups they support, events they've been to and just plain fun. Also used to distinguish between freshmen and older students (if the overall has no or very few badges, the user is most likely a freshman).

## **Hymni**

Teekkarihymni, a traditional song that is sung at midnight.

## **IE**

Host and Hostess (see p. 17)

## **ISO**

Your tutors (see p. 6-11)

## **Jäynä - MIT hack**

A good willed, harmless and fun prank carried out by teekkaris. The definition of a jäynä is that it should amuse all participants (both “victims” and makers alike) and cause no property damage or physical/psychological harm.

## **Kaljakroketti - Beer Croquet**

Athene's “national sport” - a game where certain liquids are used in addition to ordinary croquet equipment.

## **Kilta - Guild**

A student association for study programs. Guilds are specific for technical students in Finland, and most other student associations are formed around similarities in attributes (like language) or the major subject in universities. The objectives of a guild are to make sure that the school listens to the students (when making decisions about study programs etc.) and to organize different kinds of events like sitsit.

## **Laulukirja - Songbook**

The book of teekkari songs. One of the best future memories from your time as a student in Finland, these contain most of the songs sung by teekkaris in sitsit etc. The reason why they form up to be great memories is the tradition of writing or drawing greetings and messages to your friends' song books during sitsit, so after a few, you can find a lot of happy memories there.

## **Lukkari - Songmaster / Toastmaster**

The people who lead the singing at sitsit.

### **OLOhuone / Olkkari - The Living room**

Our guild room, which is always open for guild members to socialize, drink coffee, study or play some PS4. Located in the CS-building right across the main doors, you can't miss it.

### **(Opiskelija)haalarit - (Student) overalls**

The main form of distinguishing university/college students from the major populace, that are worn in major happenings (that happen in the public, if unsure ask your tutor whether to wear them :) ). To the students they also tell what you are studying, and ease finding your mates at big gatherings ( find a bunch of forest green overalls, and you're sure to find friends). The main point of these, is to show the unity and like-mindedness of students.

### **Otaniemi**

Otaniemi, also called 'Niemi' is a neighborhood in Espoo, which also acts as the campus of Aalto University and the home of teekkaris. (see p. 24)

### **Sitsit**

Academic table party. At its most basic form a three course dinner, with wine and other refreshments, where the attending men wear suits and women wear cocktail dresses (remember to bring yours!), with a lot of singing and socializing. These are something you do not want to miss during your stay! There are also themed sitsit, which aren't as formal, but just as (or even more) fun!

### **Smökki (Servin mökki)**

The biggest place to hold parties or sitsit in teekkari village, and also a historical landmark. This place will be very familiar to you after a few months!

### **Teekkari**

A technology student in Finland, who has earned the right to wear a teekkari cap. Known by their overalls, teekkari caps and overall good will and humor. In Finland teekkaris have a fairly good reputation, as we take care of our own (and others), cause no trouble to outsiders and are cheery throughout the year.

### **Teekkarikylä - Teekkari village**

The place where teekkaris live, if they live in Otaniemi, and a place where most inhabitants are technology students. Also famous for the fact that you will always find some place to sleep there if need be.

### **Teekkarilakki - Teekkari cap**

A cap with a tassel. People in Finland who have passed high school wear similar caps (around Wappu mostly), but without the tassel. Teekkari caps are the most distinct recognition of being a teekkari, and the right to wear one needs to be earned before Wappu. It signifies that the wearer knows the history and culture of teekkaris in Finland, and understands the significance of the right.

### **T-talo - CS-building**

Computer science building, the building where Athene and the Computer Science guild preside. Also home to most departments related to computer sciences, and where at least some of your studies will be at.

### **Paniikki**

The 24/7 computer room located in the CS-building. Favorite study place for many of students in the computer sciences or Information Networks.

### **Phuksi - Freshman**

Often also spelled 'Fuksi', but 'ph' at Athene. At Athene, there are about 50 new bachelor's phuksis every year. At Wappu, phuksis become Teekkaris.

### **Wappu**

The most important celebration of the year for teekkaris on 1st of May. Also known as May Day or Walpurgis Night, the celebration begins already a few weeks prior to first of May. Also remember that Wappu will only be arranged if the new freshmen have deserved it. (Do not mix with Vappu, which is the general May Day celebration for all other Finns.)

### **YTHS - FSHS**

Finnish Student Health Service, closest post in Otaniemi in Otakaari 12.

# Greetings from the ICT Innovation

Greetings from the ICT Innovation

We're from the EIT and we're here to help!

We are Minna, Nina and Mika, and we will get you in and out of the EIT Digital Master School at Aalto University.

For over a decade there have been these curious beings called EITs wandering around the Aalto campus. Mostly harmless, often adorable, always on the go. Making them human-centred autonomous data clouds, they are. Our job is to herd and care for them, give them pizza and credits. Help them find places to be, and jobs to be done (VPC).

Things can get a bit complicated when you choose to complete your degree in 2-5 countries all over Europe, and that is why our team is there to catch you if you slip.

Come meet us at the several events we organize around the year, or just pop by to make an ex tempore sanity check on your studies.

No thing is too small to ask - except 0.2 ECTS from an excursion that is too small.

Minna Parviainen, Planning Office  
Nina Vainikka, Study Affairs Secretary  
Mika P.Nieminen, Programme Director



# ***No brain, no gain***

***Versatile training for  
affordable student price***

With UniSport training card  
you have access to:

- 5 good quality gyms
- over 200 weekly group training classes
- relaxed ball sport groups
- Online classes and videos

First visit is free, welcome!

***Kluuvi  
Kumpula  
Otaniemi  
Meilahti  
Töölö***

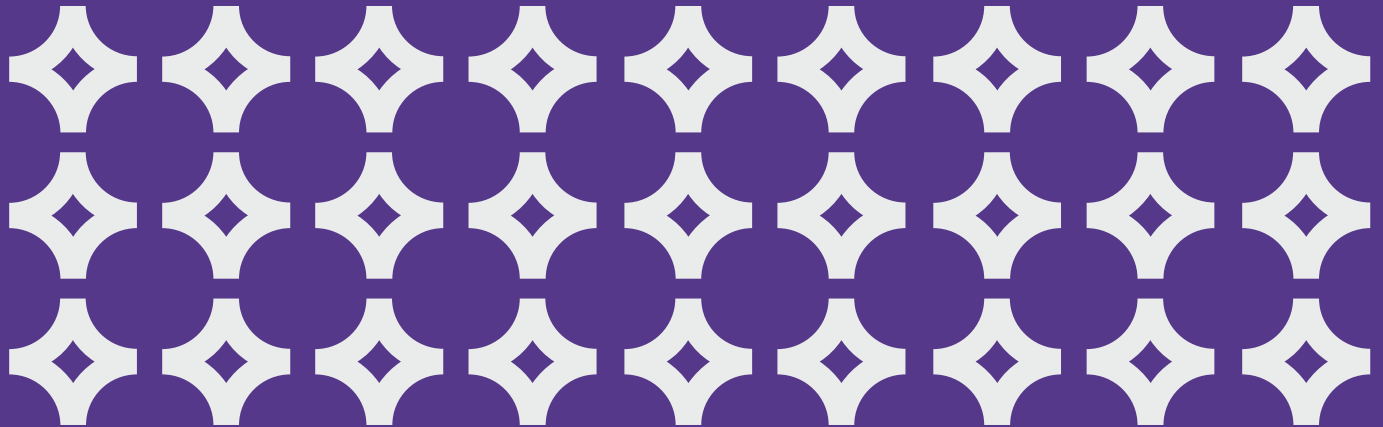


[www.unisport.fi](http://www.unisport.fi)

unisport



Aalto University  
Student Union



# Greetings from Aalto University Student Union!

Welcome to Aalto University and its student union, AYY! Here at the Student Union we aim to ensure that you can truly experience the best student's life in the world here at Aalto. Our wish is that every student feels good and safe in our student community, and that every one of us receives all the help and support they need for the entire duration of their studies.

You are stepping into a world of endless opportunities. We urge you to be curious, try new things, to learn and most of all to enjoy your time at Aalto. Don't be afraid even though finding your own passion and place in the world might seem like a big task and never fear mistakes. We are here to support you with all of your problems.

See you around!

**Mantė Žygelytė**

Board Member  
(New Students, Internationality and Equality)



## What is AYY?

As a student of Aalto, Aalto University Student Union, AYY, is your student union. AYY brings together about 17,000 students of arts, design, business and technology. We work to ensure the well-being of all our members and we want to develop teaching at Aalto and the best student life in the world.

As a member of AYY, you are entitled to numerous student union services and student benefits both locally and throughout Finland. AYY offers several services for its members, such as affordable student housing, rental facilities, and advocacy. As a student of Aalto, you can also participate in activities and events organised by AYY and over 200 associations within the Student Union.

## AYY in Figures

- **Around 17,000 members**
- **Approximately 200 organisations and associations**
- **Approximately 2,700 student apartments**
- **Nearly 50 employees**
- **10 full-time board members**
- **Approximately 500 volunteers**

## Communication Channels

You can find comprehensive information about all AYY's services and opportunities at **ayy.fi**. We compile all current information concerning students in the weekly newsletter published by email on Mondays.



**Aalto-yliopiston ylioppilaskunta - AYY  
AYY Housing**



**@ayy\_fi  
@ayyhousing**



**AYY\_FI**



**Student Union AYY**



**Aalto University Student Union AYY**



**AYY Info  
AYY Events**



# Services

## Student housing

AYY owns approximately 2,700 affordable student apartments in Helsinki and Espoo and offers a home for over 3,400 residents. All degree and exchange students who are members of AYY have the right to apply for AYY's housing. You can apply for housing as soon as your admission is confirmed by the university.

First-year students and students moving from outside the Helsinki metropolitan area are given priority in the allocation of housing. First-year students receive an additional score when they apply for AYY's shared apartment queues. To receive the score, students must apply for housing no later than in July or December, depending on when their studies begin.

You can browse and search for AYY's housing through the Domo system: [domo.ayy.fi](http://domo.ayy.fi). As a student, you

can also apply for housing from the Foundation for Student Housing in the Helsinki Region (HOAS).

## Advocacy and interest representation

AYY represents students' interests and rights on university level and national level, making sure students are being heard in the society! You can take advantage of AYY's advocacy services, for example, if your exam results are late or you may get in touch with an equity officer if you encounter any type of harassment. As a member of AYY, you can apply for administration as a student representative and influence the decisions made at the university.

AYY's highest decision-making body is the Representative Council (RepCo), which is elected by vote. In the elections, all AYY members can vote and run as candidates. The next Representative Council elections will be held this autumn. Members of the Representative Council decide on

the goals and policies of the Student Union.

## Student culture

Volunteering, association activities and diverse events are an essential part of Aalto student culture and the Aalto community. The highlights of the year include Wappu and Orientation week events, annual ball, Shrovetide celebrations and many other events

In addition to the Student Union, events are organised by volunteers who work in sections and committees. AYY has five sections: Aava Community Section, Campus Section, Teekkari (Technical Student) Section, Museum Section and Advocacy Management Group (more commonly known as EduJory). The call for volunteers will open in late autumn. Information on the call will be published in AYY's communication channels. In addition, AYY has more than 200 associations that organise activities in the fields of sports, music, games, and ot-

her hobbies. New students are always welcome to join association activities, and AYY offers help, support, and advice for the establishment of associations and their activities. Keep an open mind for different opportunities and get to know the associations in upcoming events!

The Museum of Student Life has expanded its exhibition and activities to cover the student cultures of the entire Aalto community - technology, business and arts. In addition to engineering students' culture, the museum now also presents the history and present of KY - Aalto University Business Students and TOKYO, Students of Art, Design and Architecture. In addition, AYY's art collection will also be presented in the exhibition collections. The museum is located at Jämeräntaival 3A.

## Rental facilities

In addition to housing, AYY has numerous saunas, event venues and recreational facilities that members can rent.

Some facilities are free of charge. AYY also rents a van.

## Scholarships and project grants

You can apply for a project grant from AYY or the TTE-Fund for a project organised by a group of friends or an association. You can also apply for scholarships awarded by AYY.

## Student benefits

You will receive a digital or plastic student card to prove your student status (card delivered by Frank). By showing your student status, you are entitled to hundreds of benefits from 1 Aug onwards, including Kela, Matkahuolto and VR, as well as to student lunch discount in student restaurants. You are also entitled to student discount in public transport in the metropolitan area if you live in the HSL area and have updated your student status in your travel card at the HSL service point. You can find the list of all

benefits and discounts available with the student card on Frank's website at [frank.fi](http://frank.fi).

The digital student card Frank App is an official student ID, which you can download and activate starting on 1 Aug once you have enrolled for attendance at the university and paid AYY's membership fee. You can check the prices of other card options on Frank's website. You can also add an ISIC license to both digital and plastic student cards. More information on different student cards can be found on Frank's website at [frank.fi](http://frank.fi).

Once you have received the plastic student card, please remember to pick up the academic year tag for your card from AYY's service point! At the same time, you can also pick up a free Design Notebook and get advice.





## Congratulations Fuksi!

Hello and welcome to your new studies also from Academic Engineers and Architects in Finland, TEK! We are the trade union for all academic engineers and architects, providing benefits and services to support our members, and lobbying for conditions that allow them to succeed.

As the TEK Student Liaisons, we represent TEK on the Otaniemi campus. Our job is to keep you connected to TEK, and to help make sure your student years are as amazing as possible, no matter your background.

Find out more about what we do at [tek.fi/en](https://tek.fi/en), or join using the QR code link! TEK membership is free for students!

See you soon on campus!

**Owain**  
[owain.hopeaketo@tek.fi](mailto:owain.hopeaketo@tek.fi)  
telegram kvtykki

**Sara**  
[sara.siivola@tek.fi](mailto:sara.siivola@tek.fi)  
telegram sarasiivola

**TEK**  
*Powering your career*

# HELLO FUKSI AND WELCOME TO AALTO COMMUNITY!

## KY - AALTO UNIVERSITY BUSINESS STUDENTS

KY is a community of more than 3000 business students, "kylteris". Our purpose in the Aalto community is to cherish our 110-year-old traditions, uphold KY culture and advocate for our members. At the campus you can spot us in our dollar green overalls.

KY is home for hundreds of volunteers, who participate actively in KY's clubs, subject clubs, subcommittees and committees. They organize a wide selection of activities to make sure that everyone gets the most out of their time in the university. We have many traditional events that are also open for anyone in the Aalto community, such as the adventure competition Aalto City Challenge, Hukkaputki pub crawl and KY Wappu.

Website: [ky.fi](http://ky.fi)  
Instagram @[ky\\_1911](https://www.instagram.com/ky_1911)  
TikTok @[ky1911\\_](https://www.tiktok.com/@ky1911_)

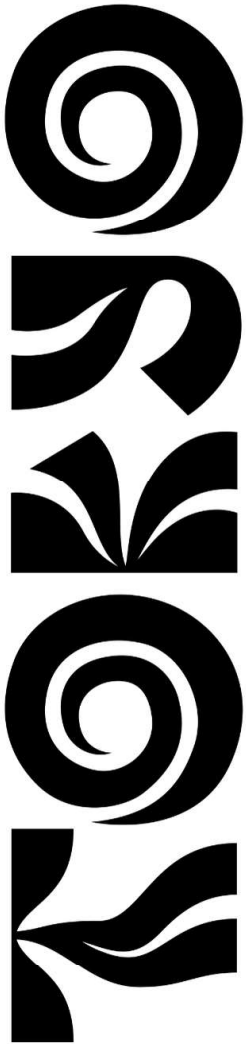
**KY** 1911

## PROBBA RY

Probba is the Student Association of Aalto University School of Business, Mikkeli Campus. All students who study at Mikkeli campus are members of Probba, bringing their size to around 240 members.

Website: [probba.org](http://probba.org)  
Instagram: [probbary](https://www.instagram.com/probbary)





TOKYO RY IS THE ASSOCIATION THAT BRINGS TOGETHER STUDENTS OF THE SCHOOL OF ARTS, DESIGN, AND ARCHITECTURE.



TOKYO is the umbrella association open to all ARTS and art-inclined students.

As a school-level association, TOKYO takes an active part in student advocacy and organizes events to gather together all the ARTS-minded students and alumni.

Our events include Lapland trip, Maskerad, and Christmas Sales, where ARTS students sell their art. TOKYO also owns Kipsari and Kipsari Studio - two great non-profit vegan restaurants- as well as Torso magazine, which is printed at least 4 times a year and showcases ARTS students works + discusses current events and topics.

OO **MORE INFO?**

Insta: @tokyo\_aalto\_arts

Telegram: aaltoarts

tokyo.fi

# Greetings from Teknologföreningen

Teknologföreningen (or TF) is the Swedish speaking students' union at Aalto University founded in 1872. TF organizes great parties, provides access to its clubhouse as well as to unique student experiences and opportunities for its members. Teknologföreningen has over 800 members from different branches of Aalto and involves over 100 students in its everyday functions - all on a voluntary basis.

Any student at Aalto University with an interest in the Swedish language can become a member of Teknologföreningen. The membership is completely free and comes with many privileges. TF enriches its members' lives with everything a diverse students' union can offer. TF's activities and services include organizing events ranging from culture and sport to dinners and parties, but we also offer opportunities to practice and develop skills in enterprising and creativity.

And I, the Integratör (International officer of TF), am here to help you and to make sure that everybody feels welcome at TF.

Questions? Ask us anything!

Integratör

Carl-Victor "Calle" Schauman

integrator@tf.fi

+358 50 367 0098

TG: @kodkorv

Phuxivator

Rafaela von Frenckell

phuxivator@tf.fi

+358 44 211 4943

TG: @phuxivator



Intellectual nourishment since 1978

# WUOLAHU

TENNIS IS EASY.  
IT'S NOT  
RACKET  
SCIENCE.



# JÄYNNÄ

JOIN THE COMPETITION!

[WWW.JAYNA.FI](http://WWW.JAYNA.FI)



STATUES SUIT UP WITH FACE MASKS ALL AROUND THE COUNTRY - JÄYNNÄ BROUGHT SOME GOOD SPIRIT IN THE MIDST OF BAD NEWS



POLICE OF THE YEAR AMUSES RIVERS - TECH STUDENTS DELIGHT WITH A FUNNY COSTUME



VA  
RI  
O



THE BEST JÄYNNÄ OF THE YEAR WAS AWARDED ONCE AGAIN AT THE FESTIVE OT ANIEMI JÄYNNÄ FINALS

Dip  
opiskeli



POLYTEKNIKKOJEN KUORO

The Polytech Choir



## AUDITION

(FOR FINNISH SPEAKERS ONLY)

11.9.2023

AT 17.00. JMT1

REGISTRATION AND MORE INFO:

[WWW.POLYTEKNIKKOJENKUORO.FI/KOELAULUT](http://WWW.POLYTEKNIKKOJENKUORO.FI/KOELAULUT)





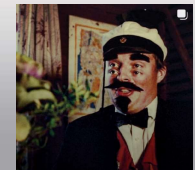
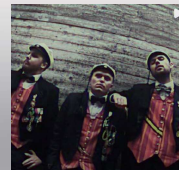
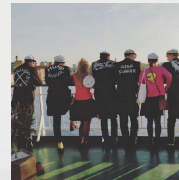
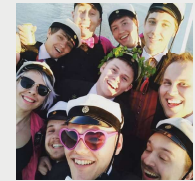
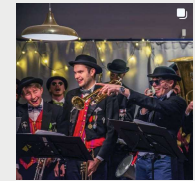
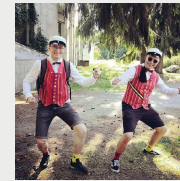


## humpsvakar

### Teknologorkesteren Humpsvakar

Den finlandssvenska teknologorkesteren i Otnäs! Vi gillar ljuv hornmusik, vacker dans och typerää viihdettä!

[shop.humps.fi](http://shop.humps.fi)



### 🌟 Discover the World with ESN Aalto! 🌍

Embark on an extraordinary journey that will ignite your wanderlust and awaken the adventurer within you. ESN Aalto, the ultimate gateway to unforgettable experiences, invites you to unlock a world of excitement, friendships, and lifelong memories.

Imagine diving headfirst into vibrant cultures, traversing breathtaking landscapes, and connecting with fellow explorers from every corner of the globe. With ESN Aalto, you'll have the opportunity to immerse yourself in an international community that embraces diversity, fosters personal growth, and celebrates the beauty of multiculturalism.

Whether you're an aspiring globetrotter or a seasoned traveler, our dedicated team of passionate students is here to guide you every step of the way. From organizing mind-blowing trips to arranging language tandems and cultural events, ESN Aalto is your key to unlocking a world of endless possibilities.

Expand your horizons, step outside your comfort zone, and make memories that will last a lifetime. Join ESN Aalto today and let the world become your playground. Don't just dream it, live it!



#### For more information:

- [esnalto.org](http://esnalto.org)
- [facebook.com/EsnAaltoOfficial](https://facebook.com/EsnAaltoOfficial)
- Telegram: [t.me/ESNAalto](https://t.me/ESNAalto)



Erasmus Student Network  
Aalto University

# d i s s n a n s s i

Dissonanssi is a mixed choir from Otaniemi  
singing diverse music all the way from  
renaissance to glam metal —  
without forgetting to have fun!

More info on auditions will be posted  
later, follow us so you don't miss it!



<https://dissonanssi.fi/en/>



@dissonanssi



dissonanssikuoro

# To your calendar

25.8. Head Start - Get to know your tutors, other freshers and the guild

ORIENTATION WEEK, evening activities (a more detailed schedule including school's activities and lectures will be given later on):

- 28.8. Bonfire night
- 29.8. Dragon game & Bar crawl in Helsinki
- 30.8. Sauna night
- 31.8. Aalto Welcome Fair & Ota Orienteering
- 1.9. Freshers vs. Farts (older students) football match + Pöhinäparty

In addition to these, try to have the orientation week as free as possible as the days will be filled with program

If you want any details on the schedule or events, do not hesitate to contact your tutors, the international advisors or the international captain.

See you soon!

